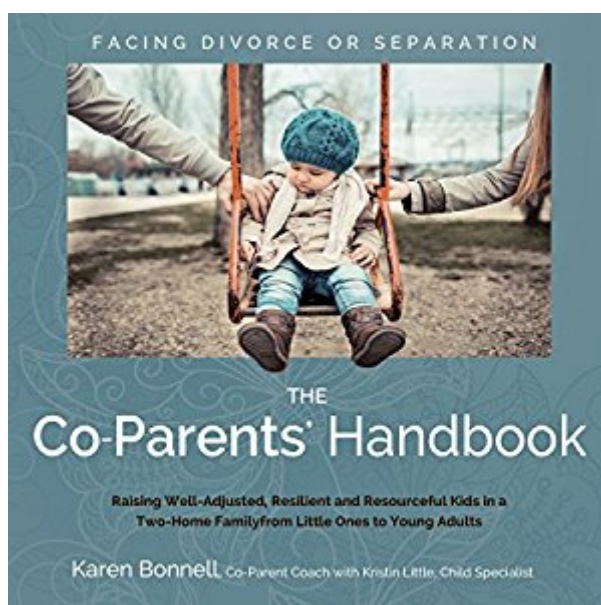


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# The Co-Parents' Handbook: Raising Well-Adjusted, Resilient, And Resourceful Kids In A Two-Home Family From Little Ones To Young Adults



## Synopsis

When it comes to a child's sense of family, what divorce breaks apart, solid co-parenting rebuilds. With a tested "here's how" approach, *The Co-Parents' Handbook* helps parents confidently take on the challenges of raising children in two homes. Addressing parents' questions about the emotional impact of separation, conflict, grief and recovery, the authors skillfully provide a road map for all members of the family to safely navigate through separation/divorce and beyond. Parents discover through practical guidance how to move from angry/hurt partners to constructive, successful co-parents. The pages are chock-full of helpful strategies to resolve day-to-day issues in an easy-to-use format. This audiobook is here to answer questions, help parents co-parent and ensure kids thrive! We will show you ways to: Successfully work through difficult feelings while forming your "business of co-parenting relationship" Build a mutually respectful co-parenting relationship Keep your children front and center while protecting them from adult conflict and concerns Understand your children's needs as they navigate the loss and change of divorce Help your children build resilience and competence in the face of family change Implement strategies and protocols for day-to-day living in a two-home family that work

## Book Information

Audible Audio Edition

Listening Length: 9 hours 20 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Karen Bonnell

Audible.com Release Date: October 30, 2014

Whispersync for Voice: Ready

Language: English

ASIN: B00P1G3R1W

Best Sellers Rank: #27 in Books > Parenting & Relationships > Family Relationships >

Stepparenting & Blended Families #235 in Books > Parenting & Relationships > Family

Relationships > Divorce #754 in Books > Audible Audiobooks > Health, Mind & Body > Family & Relationships

## Customer Reviews

My new favorite co-parenting reference. Thoughtful, thorough, easy access tools provided with compassion and sound insight. Authors Bonnell and Little provide invaluable insight without sexism

or patronizing readers. This book provides answers to real world questions by sharing real-world co-parenting scenarios ... a truly valuable tool for today's co-parents. I will recommend it to all of our co-parenting clients.

I am a divorce attorney and this is the best publication out there to guide parents going through a divorce/separation. It is directive, clear, and has a positive message that all parents need to hear and adopt as they shift in to co-parenting their children. This book is well organized and well written. It can be read by anyone, even someone in a high crisis divorce who is not able to process much information. I intend to give it to all my clients as a mandatory read before they make any major decisions about their children.

Somewhat comical. If you get along well enough to do this, why are you divorcing? No good if your partner scores high on the narcissistic tendency scale. This just makes those of us left behind feel like failures.

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