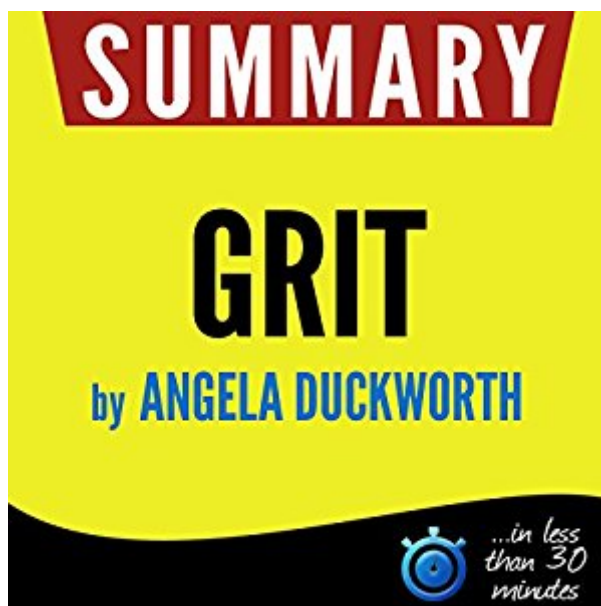


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# Summary Of Grit: The Power Of Passion And Perseverance



## Synopsis

Angela Duckworth is a psychologist who won a MacArthur Fellowship in 2003. She is known for her study of grit. She provides her own experiences with grit, not just from her perspective of trying to be a respectable psychologist, but even in her personal life and with her daughters, who she has been an example to. Duckworth proves that grit is out there and that anyone in any profession, from professional swimmer to manager of a well-known chain, even a garbage man, can have grit. She admits that there are still questions unknown about grit; however, the signs of it are right of in our face and it is possible to achieve the trait. Through Duckworth's experiences and those of who she interviewed, we can see that grit is not just what we do, but who we are. Here Is A Preview Of What You'll Learn... What Grit Is And Why It Matters, Showing Up, Distracted by Talent, Effort Counts Twice, How Gritty Are You? Grit Grows, Growing Grit From The Inside Out, Interest, Practice, Purpose, Hope, Growing Grit From The Outside In, Parenting For Grit, The PlayingFields of Grit, A Culture Of Grit, The Book at A Glance, Conclusion, Final Thoughts, Now What?

## Book Information

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## Customer Reviews

I think that this summary did a very well job of bringing all the information from the original book into a easy to read condensed format. I really can enjoy and find pleasure in reading summaries that introduce everything and contain all things needed and leaving nothing out. I think that Angela Duckworth made the book very understandable by giving very detailed explanations about it. I had to do a report on the original book and was able to with ease after reading this summary. Thanks!

This summary book is amazing and very helpful. I purchased this book from the wake of curiosity because I had interest to know more about Grit. By reading this book I have come to know about what Grit is and why it matters. Angela Duckworth is a psychologist and inside of that book she shared her own experience with Grit. By reading this book I have gotten a clear overview about the original book's contents. This book showed me about the playing fields of Grits, taught me about the parenting for Grit and much more. I am glad to read this book and by reading this summary book I am impressed.

A good explanation of determination for the young people of our lives.

Grammar is poor. Basically a very broad summary of the book. Guess I'll have to get the original book!

Reasonable price as advertised and delivered early.

loved it

Great review that captures the true message of Grit. Never give up.

I expected more

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