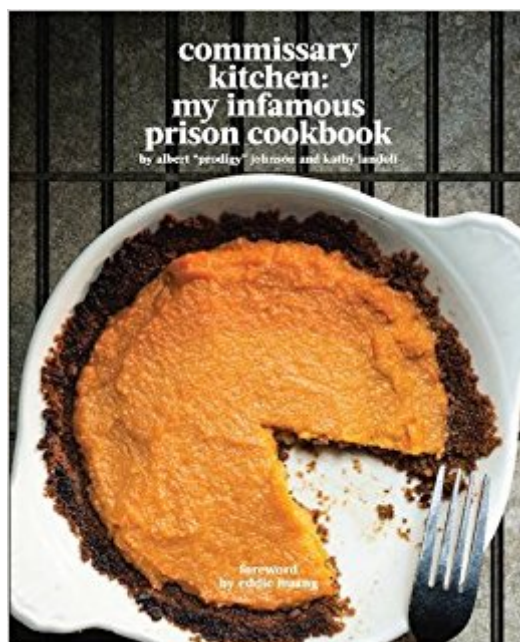


The book was found

Commissary Kitchen: My Infamous Prison Cookbook



Synopsis

Meals are perhaps the most important aspect of prison life. They keep inmates alive, both physically and emotionally, as mess halls and common areas provide a level of social interaction in an otherwise lonely situation. Albert "Prodigy" Johnson served three and a half years in prison, and during that time his focus was on his health—an almost impossible feat behind bars, where many inmates often enter the prison system healthy, but leave with diabetes and hypertension. Commissary Kitchen provides a deeper perspective of what it's like to consume meals in prison. While recipes are provided, Prodigy and co-writer Kathy Landoli also tell various anecdotes about situations in prison involving food. Meal prep in prison is very limited, so while this work appeals to anyone who has served time or is curious about prison life, it also speaks to those who prepare food with limited access to various cooking luxuries (such as college students in dorms). While the work is informational, above all it humanizes the prison experience in a way that has never been done before. Albert "Prodigy" Johnson is a multi-platinum recording artist and member of the legendary hip-hop duo Mobb Deep. In 2006, Prodigy was arrested for gun possession and served a three-year prison term. In 2011, he released his first memoir, the critically-acclaimed *My Infamous Life*. Since then, Prodigy has continued to release both solo projects and albums through Mobb Deep, touring worldwide. When he isn't touring, Prodigy is traveling the United States, lecturing at venues like MIT about the prison system and offering insight on changing the quality of inmates' lives. Kathy Landoli is a critically-acclaimed journalist and author. Her work has appeared in publications such as *Pitchfork*, *VICE*, *Maxim*, *Cosmopolitan*, *the Village Voice*, *Rolling Stone*, *Billboard*, and many others.

Book Information

Paperback: 118 pages

Publisher: Infamous Books (October 11, 2016)

Language: English

ISBN-10: 0997146230

ISBN-13: 978-0997146233

Product Dimensions: 7.4 x 0.4 x 9 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 3.8 out of 5 stars 44 customer reviews

Best Sellers Rank: #42,232 in Books (See Top 100 in Books) #6 in [Books > Politics & Social Sciences > Politics & Government > Public Affairs & Policy > Agriculture & Food Policy](#) #77

[in Books > Biographies & Memoirs > Professionals & Academics > Culinary](#) #134 in [Books](#)

Customer Reviews

Albert Prodigy Johnson: Albert “Prodigy’ Johnson is a Multi-Platinum recording artist and member of the legendary Hip-Hop duo Mobb Deep. In 2006, Prodigy was arrested for gun possession and served a three-year prison term. In 2011, he released his first memoir, the critically acclaimed *My Infamous Life*. Since then, Prodigy has continued to release both solo projects and albums through Mobb Deep, touring worldwide. When he isn't touring, Prodigy is traveling the United States, lecturing at venues like MIT about the prison system and offering insight on changing the quality of inmates' lives. He is currently working on his follow-up memoir, *The State Vs. Albert “Prodigy’ Johnson*.

Kathy Landoli: Kathy Landoli is a critically acclaimed journalist and author. Her work has appeared in publications such as Pitchfork, VICE, Maxim, Cosmopolitan, The Village Voice, Rolling Stone, Billboard, and many others. She is also a professor of Music Business at New Jersey City University in Jersey City, New Jersey.

Eddie Huang: Eddie Huang is the author of the NY Times Bestseller *Fresh Off the Boat*. A sitcom based on the book, is airing on ABC. Huang is the host of Vice food show *Huang's World* and MTV's *Snack-Off*. Huang's new book, *Double Cup Love*, will be published in May 2016.

Fun recipes to try and interesting prison stories by one of my favorite rappers of all time. Really had a good time reading it.

This book's value is in its insight into the prison system, not as a cookbook. It will show the reader what human beings do to keep themselves sane (and healthy) in prison, on spite of the system's pronounced lack of concern for either of those things.

Ain't no such thing as half way cooks.

This was such a great read! Loved it from front to back. If you're a fan of Prodigy/Mobb Deep and a fan of great writing (by great writers such as Kathy Landoli, etc) I highly recommend getting this!

Something different. Enjoyable read.

Fiance loved the gift. Rip Prodigy

Excellent reading material

Real cool book. Definitely for the hip hop fans out there. Excellent production quality.

[Download to continue reading...](#)

Commissary Kitchen: My Infamous Prison Cookbook Infamous: Lindsay Lohan (Infamous (Blue Water Comics)) The Frog Commissary Cookbook Defiant: The POWs Who Endured Vietnam's Most Infamous Prison, The Women Who Fought for Them, and The One Who Never Returned Defiant: The POWs Who Endured Vietnam's Most Infamous Prison Easy Asian Cookbook Box Set: Easy Korean Cookbook, Easy Filipino Cookbook, Easy Thai Cookbook, Easy Indonesian Cookbook, Easy Vietnamese Cookbook (Korean ... Recipes, Asian Recipes, Asian Cookbook 1) Mug Recipes Cookbook : 50 Most Delicious of Mug Recipes (Mug Recipes, Mug Recipes Cookbook, Mug Cookbook, Mug Cakes, Mug Cakes Cookbook, Mug Meals, Mug Cookbook) (Easy Recipes Cookbook 1) Easy European Cookbook Box Set: Easy English Cookbook, Easy Greek Cookbook, Easy French Cookbook, Easy Irish Cookbook, Easy German Cookbook, Easy Portuguese ... Portuguese Recipes, Irish Recipes 1) The America's Test Kitchen Healthy Family Cookbook: A New, Healthier Way to Cook Everything from America's Most Trusted Test Kitchen The Hell's Kitchen Cookbook: Recipes from the Kitchen Indonesian Cookbook: 20 Indonesian Kitchen Recipes (Indonesian Cuisine, Indonesian Food, Indonesian Cooking, Indonesian Meals, Indonesian Kitchen, Indonesian Recipes) The Nutri Ninja Master Prep Blender Whole Food Cookbook: 101 Delicious Soups, Spreads, Entrees, Desserts & Cocktails For Your Ninja Pro, Kitchen ... Ninja Kitchen System Cookbooks) (Volume 2) Tranny: Confessions of Punk Rock's Most Infamous Anarchist Sellout My Infamous Life: The Autobiography of Mobb Deep's Prodigy HOLLYWOOD SCOOP: A Curious Collection of Articles About the Famous, Infamous & the Downright Weird. Herrin: The Brief History of an Infamous American City The Central Park Five: The Untold Story Behind One of New York City's Most Infamous Crimes Disasters at Sea: A Visual History of Infamous Shipwrecks Possessed: The Infamous Texas Stiletto Murder Fred & Rose West: Britain's Most Infamous Killer Couples (True Crime, Serial Killers, Murderers)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

