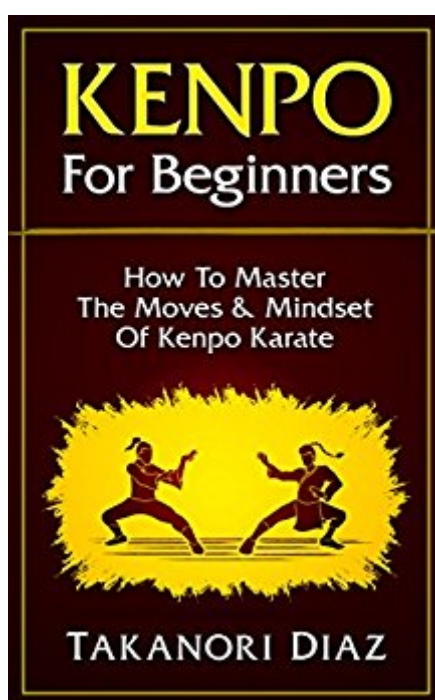


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# Kenpo For Beginners: How To Master The Moves & Mindset Of Kenpo Karate (Kenpo, Jeet Kune Do, MMA, Kempo Karate)



## Synopsis

Kenpo Karate For Beginners Principles, Techniques & Tactics From The Art Of Karate Are You Ready To Learn All About Kenpo Karate? If So You've Come To The Right Place...Here's A Preview Of What Kenpo Karate For Beginners Contains...The Origin Of Kenpo Karate (Including Types Of Kenpo)The Uniqueness And Benefits Of American KenpoThe Four Angles Of AttackKenpo Stances ExplainedBlocks And Parries ExplainedPunches And Strikes ExplainedKenpo Rules To Live ByThe Grip Of Death TechniqueThe Delayed Sword TechniqueThe Alternating Maces Defensive ManeuverThe Quest To Obtain Your Yellow BeltShort And Long Form 1And Much, Much More!Download Your Copy Now And Get Started Today!

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It was ok. Thought it give little more. Disruptive information.

It's a knock off of many books before it. And it's not coming out with any new or great info.

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