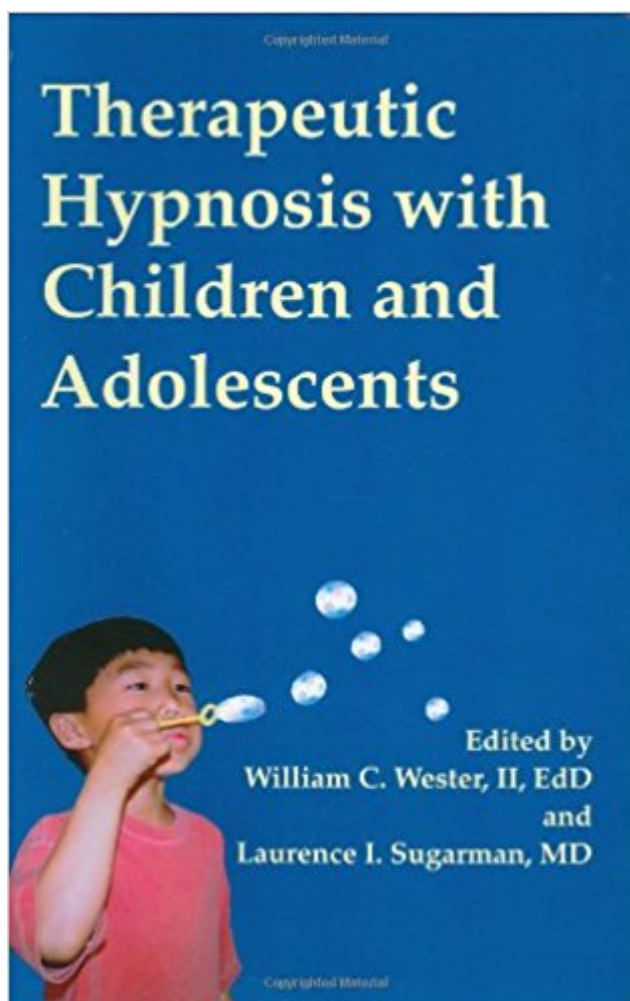


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# Therapeutic Hypnosis With Children And Adolescents



## Synopsis

In this comprehensive volume, the editors have gathered together some of the fields most outstanding contributors to examine the wide-ranging applications and promise of the use of hypnosis with children. Part 1 presents the broad framework of hypnosis: the concepts, developmental considerations, approaches to induction, hypnotic ability, hypnosis with families and ethical considerations are all thoroughly reviewed. Parts 2 and 3 focus on key psychological and medical applications of hypnosis. The medical section describes the integration of hypnosis from acute care settings to the operating room. Throughout the book, clinical vignettes help the reader understand the hypnotic encounter while supportive evidence, strategies and caveats provide insights. This volume will surely become one of the most invaluable sources of practical clinical knowledge that will enrich the repertoire of all child health care providers. It will be consulted again and again by readers who wish to bring hypnosis to their therapeutic encounters with children.

## Book Information

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## Customer Reviews

Hypnosis is child's play, but using it with children is not. This volume provides a wealth of wisdom and clinical examples. --David Spiegel, MD, Stanford University School of Medicine

William C. Wester, II, Ed.D., ABPP, ABPH, is a Diplomate in Clinical Hypnosis, American Board of Psychological Hypnosis, and a Diplomate in Counseling and Family Psychology, American Board of Professional Psychology. Dr. Wester is a Past President of The American Society of Clinical

Hypnosis and Adjunct Professor of Psychology at The Athenaeum of Ohio, Cincinnati, Ohio. He is the co-editor of *Clinical Hypnosis with Children*. Laurence I. Sugarman, MD, FAAP, ABMH, is a general pediatrician and consultant in behavioral pediatrics at the Lifetime Health Medical Group in Rochester, New York. President of the American Board of Medical Hypnosis and Fellow in the American Academy of Pediatrics, he produced, wrote and directed the video, *Hypnosis in Pediatric Practice: Imaginative Medicine in Action*.

Excellent parenting book in addition to a very good description of how to effectively use positive suggestions in parenting.

Wester and Sugarman are fantastic clinicians who have written a wonderful and concise text on the subject of pediatric hypnosis. This text is fantastic for the pediatrician interested in being board certified in the field of pediatric hypnosis and for the adult oriented clinician interested in learning how to work with children.

I am doing my doctoral dissertation of self hypnosis & children and this book gave me a great review of the topic of interest. I would recommend it to anyone who has experience with hypnosis.

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