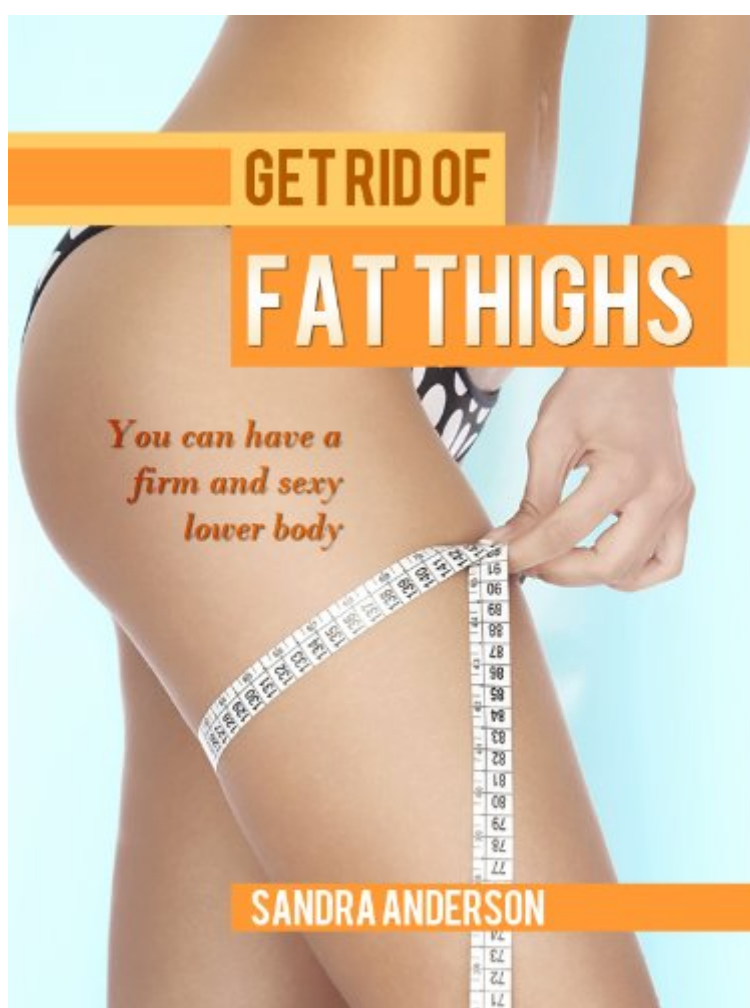


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# Get Rid Of Fat Thighs: Discover The Seven Myths That Contribute To Weight Gain, And Foods That Won't Pack Fat On Your Thighs.



## Synopsis

Do you feel unattractive because of your lower body condition? Are your confidence and self image not at the level you think they should? Are you frustrated because of this situation? If you answer is YES to the questions above, don't worry. First of all, you have to understand that is NOT YOUR FAULT. You can start changing your lower body. Inside "Get Rid Of Fat Thighs", Sandra Anderson will explain seven myths that contribute to weight gain. Also, you will discover foods that won't pack fats on your thighs. Also, Sandra added a link from where you can get a FREE copy of "The Leg, Butt, Hip & Thigh Enhancement e-Guide" by an expert on lower body for Women. Sandra Anderson is a personal trainer, and has passion for helping Women improve their self image. She lives with her three children and husband.

## Book Information

File Size: 147 KB

Print Length: 10 pages

Publication Date: July 18, 2012

Sold by: Digital Services LLC

Language: English

ASIN: B008N3C4QY

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #460,148 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #33

in Kindle Books > Health, Fitness & Dieting > Exercise & Fitness > Hip & Thigh Workouts #100

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