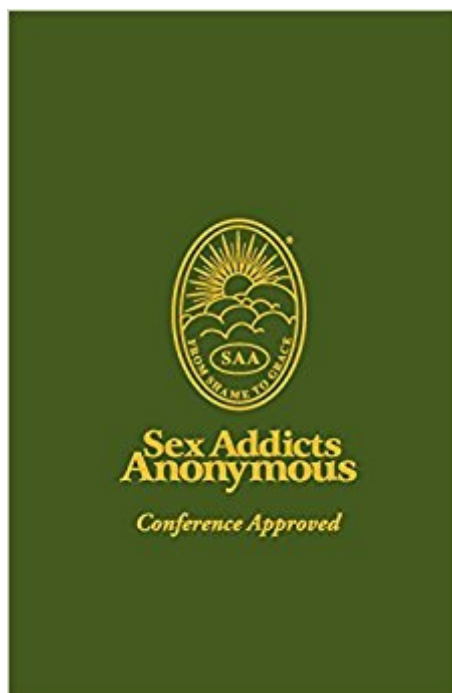


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# Sex Addicts Anonymous: 3rd Edition Conference Approved



## Synopsis

The basic text of the SAA fellowship, Sex Addicts Anonymous explains sex addiction from the SAA perspective and demonstrates, through examples, how sex addiction worsens over time. It describes the personal powerlessness and unmanageability of sex addiction, and the damage to personal relationships, livelihood, and physical health that is often caused by addictive behavior. Sex Addicts Anonymous conveys a vision of hope for the addict through a recovery program based on the time-honored Twelve Steps that were initially proposed for alcoholics. A separate section of the book offers a variety of personal stories from individual members of the fellowship to illustrate the challenges and the hope of recovery.

## Book Information

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## Customer Reviews

Members of the SAA Fellowship wish to remain anonymous in keeping with the traditions of the International Service Organization of SAA, Inc.

**INTRODUCTION** We are sex addicts. Our addiction nearly destroyed our lives, but we found freedom through the recovery program of Sex Addicts Anonymous. In the fellowship of SAA, we discovered that we are not alone and that meeting regularly together to share experience, strength, and hope gives us the choice to live a new life. Our addictive sexual behavior was causing pain to ourselves, our friends, and our loved ones. Our lives were out of control. We may have wanted to quit, making promises and many attempts to stop, yet we repeatedly failed to do so.

For each of us, there came a moment of crisis. When we finally reached out for help, we found recovery through the program of SAA. We have found, through long and painful experience, that we are unable to achieve recovery from sexual addiction through our own efforts. Our program is based on the belief, confirmed by our experience, that a Power greater than ourselves can accomplish for us what we could not do alone. By surrendering our addiction to a Higher Power, we receive the gift of recovery, one day at a time. Sex Addicts Anonymous is a spiritual program based on the principles and traditions of Alcoholics Anonymous. Although we are not affiliated with AA or any other organization, we are deeply grateful to AA for making our recovery possible. Our primary purpose is to stop our addictive sexual behavior and to help others recover from sexual addiction. We find a new way of living through the SAA program, and carry our message to others seeking recovery. Membership is open to all who have a desire to stop addictive sexual behavior. There is no other requirement. Our fellowship is open to women and men, regardless of age, race, religion, ethnic background, marital status, or occupation. We welcome members of any sexual identity or orientation, whether they are gay, lesbian, straight, bisexual, or transgender. In our groups, there is a collective wisdom that has grown and been handed down over the years. We learn many new solutions to old problems. Central to these are the Twelve Steps, a spiritual program of recovery. Following these steps leads to freedom from addictive sexual behaviors and to the healing of our minds, bodies, spirits, relationships, and sexuality. Desperation brought us together. We found in each other what we could find nowhere else: people who knew the depth of our pain. Together we found hope and the care of a loving Higher Power. Our commitment is to help others recover from sexual addiction, just as we have been helped. This book contains our stories and our wisdom. It is dedicated to sex addicts everywhere. ©2005 International Service Organization of SAA, Inc.. All rights reserved. Reprinted from Sex Addicts Anonymous: 3rd Edition Conference Approved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form or by any means, without the written permission of the publisher. Publisher: Health Communications, Inc., 3201 SW 15th Street, Deerfield Beach, FL 33442.

There is an E-BOOK version and also a Pocket-Size version, which you can get only through SAA's own website store. Go to [saa-recovery.org](http://saa-recovery.org) (or just search for "sex addicts anonymous"), and then select the "Store" tab. The e-book version works on any e-book reader software or device. The smaller "pocket" size version of the book has everything except the personal stories. ps: Please select the button that says you found this review helpful, so that it will rank high enough for others to see about the e-book availability.

Great text, excellent recovery text now available on . This is what I've been waiting for to use in my recovery work. I was never able to download the online version from the Fellowship's website, so this is the version that works for me. I'm still trying to relate the original page numbers to the referent points on the electronic text - just part of my ongoing technology challenge!

sells this product for less than the book's website does. It is very informative and the stories are very helpful.

Fair price for a book that walks addicts through recovery of sex addiction.

This book is a life saver, if you're having issues with addiction this book will help you. Even better if you attend meetings, either in person or online.

The exact book I was looking for.

This recovery manual for sex addicts is marvelous. It is filled with insights and yet allows each person to find their own comfortable level of sobriety. I strongly recommend it.

Great teaching n learning tool....ideas work more then just in sexual situations....tools can be used in everyday life.

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