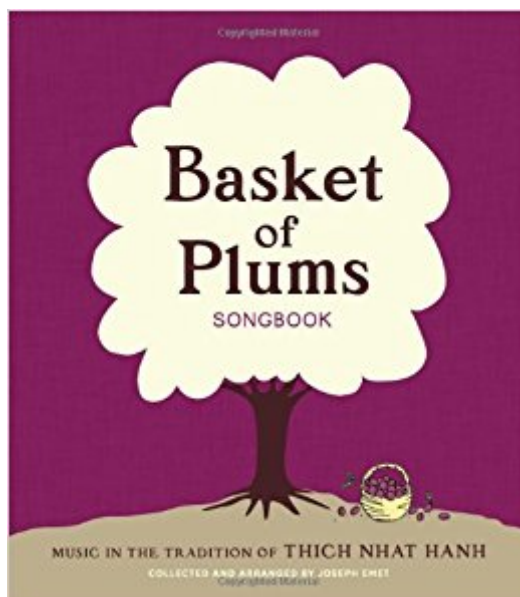


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Basket Of Plums Songbook: Music In The Tradition Of Thich Nhat Hanh



Synopsis

This songbook shares the songs of Plum Village, Thich Nhat Hanh's Community of Mindful Living in France. With traditional hymns and many of Thich Nhat Hanh's well-known poems set to music, along with original compositions by songwriter Joseph Emet, A Basket of Plums Songbook is a perfect way to learn about mindfulness. These songs are for walking, sitting, breathing, eating, gratitude, and enjoying the present moment. Whether you chose to listen, sing along, or play the music yourself these songs offer an opportunity to experience mindfulness wherever you are.

Book Information

Paperback: 64 pages

Publisher: Parallax Press; Reprint edition (July 22, 2013)

Language: English

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Product Dimensions: 7 x 0.2 x 8 inches

Shipping Weight: 4.2 ounces (View shipping rates and policies)

Average Customer Review: 4.1 out of 5 stars 5 customer reviews

Best Sellers Rank: #980,608 in Books (See Top 100 in Books) #60 in Books > Arts &

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Music > Musical Genres > Religious & Sacred Music

Customer Reviews

"This is wonderful music because it brings calm and peace to you and to the whole community."—Thich Nhat Hanh

Composer and songwriter, Joseph Emet, founded the Mindfulness Meditation Centre in Montreal, Canada. His songs support the practice of Plum Village and other Communities of Mindful Living around the world.

I LOVE the work of Thich Nhat Hanh! however, there were 2 versions of this book on . I thought I was ordering the one with a CD with it. This book did not come with a CD, which makes the book unusable for me, since I don't know how to read music. When I tried ordering a CD separately online, they were all sold out. Also, it seems like some of the songs were not properly credited. The

songs themselves are lovely!! and very beautiful and a wonderful tool to deepen practice in daily life.

Such a beautiful collection of mindful and peaceful music! It really helps to calm me down. It's a little inconvenient though for the music cannot play automatically. The mp3 version would be more convenient.

I was looking for Buddhist music to play on my harmonica and guitar. Was very surprised that it plays the music on my iPad with vocals. Love it.

As a novice, this book is the helpful go to book for the sweet songs a sangha that follows they would sing. Bring joy to my heart and a smile on my face

Singing is such a wonderful additional part of practice. This book contains wonderful old songs and wonderful new songs, some with the music. Get your group together and have fun!

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