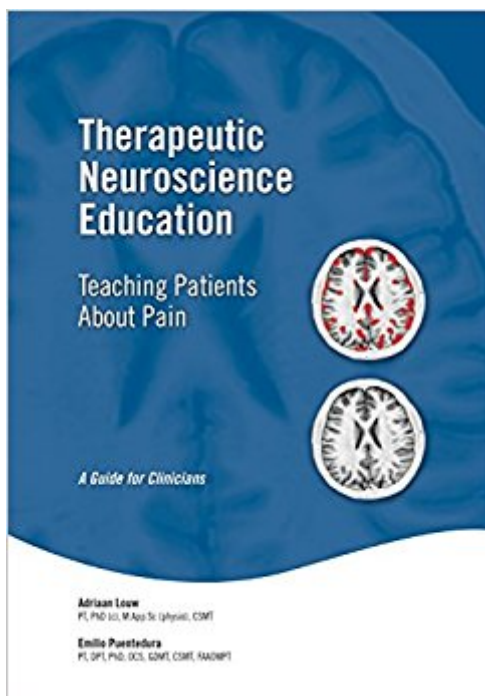


The book was found

Therapeutic Neuroscience Education (8748)



Synopsis

Evidence shows that patients who better understand their pain, and what pain truly is, experience less pain, have less fear, move better, exercise more and can regain hope. In this textbook, physical therapists Adriaan Louw and Emilio Puentedura deliver an evidence-based perspective on how the body and brain collaborate to create pain, teach how to convey this view of pain to patients, and demonstrate how to integrate therapeutic neuroscience education into a practice. Written by Adriaan Louw and Emilio Puentedura. Illustrated. Softcover; 304 pages.

Book Information

Paperback: 304 pages

Publisher: International Spine and Pain Institute; 1 edition (August 19, 2013)

Language: English

ISBN-10: 0985718641

ISBN-13: 978-0985718640

Product Dimensions: 7 x 0.8 x 10 inches

Shipping Weight: 2 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 16 customer reviews

Best Sellers Rank: #64,297 in Books (See Top 100 in Books) #58 in Books > Textbooks >

Medicine & Health Sciences > Medicine > Clinical > Neurology #119 in Books > Medical Books >

Medicine > Internal Medicine > Neurology > Neuroscience

Customer Reviews

Adriaan Louw, PT, PhD, CSMT Adriaan Louw is a physical therapist and clinical neuroscience researcher. He is the author of multiple books on neuroscience education and spinal disorders, and also teaches and presents on those topics both in the US and internationally. Adriaan is co-founder and CEO of the International Spine and Pain Institute and also maintains a clinical practice; The Ortho Spine and Pain Clinic in Story City, Iowa.

This is essential knowledge to keep our biomechanical explanations from spreading fear and perpetuating pain in our patients. The interventions laid out here have turned some of my most difficult cases (due to high sensitivity and pain avoidant habits) into successes. It's an excellent introduction to modern pain science -- written for someone educated, but not necessarily fluent in neuroscience. It presents the concepts fully and restricts itself to just those that are clinically relevant, so you don't feel like you're wading through a whole neuro textbook just to find a few

insights.

As a physiotherapist I would recommend this book. Nonetheless, several chapters are basically a reproduction of the research out there and therefore adds nothing new, I had the impression that I was re-reading material. The authors do strive to provide interesting tools for TNE. The last thing I'd say is, I've got the impression that TNE was oversold in this book. Current research criticises big time the overall effects of TNE, it does prove to be of use in clinical practice, but not as the book sells. Despite the criticism, I most certainly recommend it.

I sure hope this book becomes a standard text for all PT/OT programs! I've noticed for some time that my anatomy focused patient education didn't always work the way I intended it to. I had read some articles here and there about TNE, so I started to talk to my patients about the brain and chronic pain. I still wasn't feeling good about the effectiveness of my patient education- UNTIL this book. This is a really well written informative book that teaches how to teach this stuff to your patients. If you are a PT or OT reading these reviews, buy this book!!

Very good, helpful book for physical therapists.

Great book for PTs or health professionals who want a deeper understanding of pain neuroscience and how to better help our patients.

Essential if you treat with patients in pain.

great book

Easy to understand, every therapist have to read it.

[Download to continue reading...](#)

Therapeutic Neuroscience Education (8748) Clinical Neuroanatomy and Neuroscience: With STUDENT CONSULT Access, 6e (Fitzgerald, Clinical Neuroanatomy and Neuroscience) 6th (sixth) Edition by FitzGerald MD PhD DSC MRIA, M. J. T., Gruener MD MBA, Gr [2011] Fundamental Neuroscience, Fourth Edition (Squire, Fundamental Neuroscience) Theoretical Neuroscience: Computational and Mathematical Modeling of Neural Systems (Computational Neuroscience Series) The Cognitive Neuroscience of Vision (Fundamentals of Cognitive Neuroscience) Therapeutic

Exercise (Therapeutic Exercise Moving Toward Function) Therapeutic Modalities in Rehabilitation, Fourth Edition (Therapeutic Modalities for Physical Therapists) Reforming The Higher Education Curriculum: Internationalizing The Campus (American Council on Education Oryx Press Series on Higher Education) The Big Book of EVEN MORE Therapeutic Activity Ideas for Children and Teens: Inspiring Arts-Based Activities and Character Education Curricula Therapeutic Exercise for Musculoskeletal Injuries-3rd Edition (Athletic Training Education) Therapeutic Modalities for Musculoskeletal Injuries - 3rd Edition (Athletic Training Education) The Big Book of Therapeutic Activity Ideas for Children and Teens: Inspiring Arts-Based Activities and Character Education Curricula Global Perception: Sport Education, Teaching of Physical Education and Curriculum Studies The Child With Down's Syndrome: Causes, Characteristics and Acceptance, for Parents, Physicians and Persons Concerned With His Education and Care ... and Persons Concerned With His Education) Assessment in Art Education (Art Education in Practice) Conflict Management and Dialogue in Higher Education: A Global Perspective (International Higher Education) McGraw-Hill Education: Top 50 ACT Math Skills for a Top Score, Second Edition (Mcgraw-Hill Education Top 50 Skills for a Top Score) McGraw-Hill Education: Top 50 ACT English, Reading, and Science Skills for a Top Score, Second Edition (Mcgraw-Hill Education Top 50 Skills for a Top Score) Public or Private Education?: Lessons from History (Woburn Education Series) Driving With Care: Alcohol, Other Drugs, and Driving Safety Education-Strategies for Responsible Living: The Participant's Workbook, Level 1 Education

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)