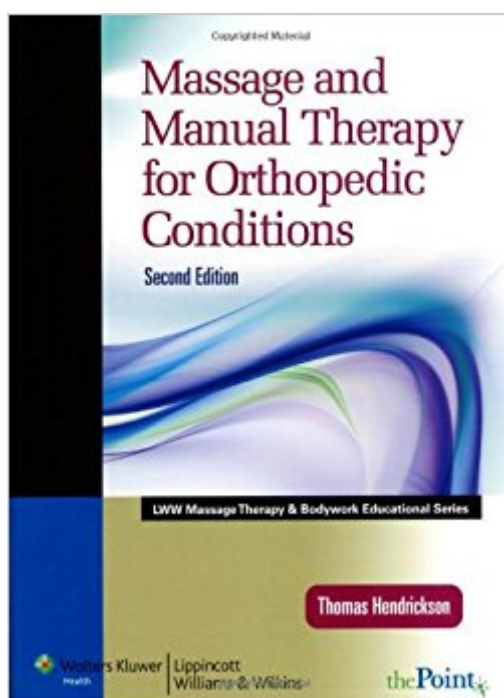


The book was found

Massage And Manual Therapy For Orthopedic Conditions (LWW Massage Therapy And Bodywork Educational Series)



Synopsis

This book introduces massage techniques for orthopedic conditions, promoting the alignment of soft tissue relating to pain and dysfunction. An essential manual for clinical massage therapy, it contains brief descriptions of rationale behind orthopedic massage, mechanisms of injury to and repair of soft tissue, and anatomy of each body area. The Second Edition also includes detailed assessment for each body region, discusses common lesions, and provides illustrated instructions on how to administer this scientifically based style of massage. Based on traditional orthopedic assessment protocols, coverage includes range of motion, passive and isometric testing, and tests that determine the severity of a condition or injury. A companion Website includes full text online, video clips, image bank, PowerPoint slides, lesson plans, and test generator.

Book Information

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Customer Reviews

Beth Zullinger, NCTMB, Instructor, Berks Medical Institute, Wyomissing, PA, Beth Zullinger, NCTMB, Instructor, Berks Medical Institute, Wyomissing, PA -- "...I found the approach amazing. Everything was explained in great detail and broken down when necessary. I think the content in this book could be worthwhile to any Massage Therapist, whether they are in training or they are experienced...I think the organization and format of this text is perfect! The information flows perfect and leads you on to the next step."-Beth Zullinger, NCTMB, Instructor, Berks Medical Institute, Wyomissing, PA

This text delivers the full introduction to Tom Hendrickson's revolutionary concepts of manual therapy. I took the 200 hour course, upon which this book is based, with Tom Hendrickson years before this text became available. He graciously permitted us to record the didactic material during the class. I later played some of the tapes as I followed along in the book and realized the tapes were now uselessly redundant! Tom has included his entire 200 hour program and much, much more in this simple to follow, magnificently illustrated volume. When I purchased the first iteration of this text I thought, "Tom, you've given away all your secret moves!" Also available is the set of Instructional DVD's that accompany the text. Don't hesitate to purchase this entire set if you want a cutting edge approach to working with the human body and hope to become true healer, not just a proficient technician. It is an investment that you'll never regret.

Dr. Hendrickson's technique is truly unique and exquisite. Using Tai Chi principles he has developed a form of manual therapy that is profound, gentle and very effective. I have had the good fortune to study with Tom and use the Hendrickson Method on probably thousands of clients since 1996. It is always effective and they all love it. The book is very clear in it's explanation of the science behind the Hendrickson Method. While one cannot learn the techniques through reading about them, the explanations of the science and of the dysfunctional patterns of injury and pain is worth reading about. If you'd like to learn about classes in Berkeley CA, Boulder CO and England visit: [...]

Dr Thomas Hendrickson, DC, has published a revised, expanded edition of his excellent first book, *Massage for Orthopedic Conditions*. I must admit, that as a practicing physical therapist for thirty years, I was skeptical about his addition of "Manual Therapy" to the title. However, after perusing the book, I have to put petty turf-wars aside. Manual therapy is not the exclusive domain of the Physical Therapist, Osteopath etc. I do feel that an extensive course in anatomy (e.g., a year long course with cadaver lab) provides a far better base of knowledge than the brief education of the typical massage course. That being said, the material in the book is sound and logical, and provides the willing and astute student with an excellent adjunct to the 400 hours of training that the Hendrickson Institute offers. Dr Hendrickson's mentor, Lauren Berry, RPT was a fellow Redding resident, and I have experimented with his unwinding techniques with very good results. This is a very well written text book, with the most up to date literature and sound reasoning. It is for these reasons that I highly recommend this book for the practicing medical professional or the well trained

massage therapist. Kudos to Dr Hendrickson. Stewart Johnson, PT

This is a clear, well-organized book. Even with my attention deficit, I am able to fully comprehend and appreciate the protocols that are presented. There are less expensive books but this one, I anticipate, will be my most-used reference book. At the same time the text is engaging. The first chapters give substance and factual information that validate the mysterious thing called the "energy" that is transmitted in massage. Later chapters prove to be a refresher course on orthopedic maladies. Step-by-step techniques that address these issues follow. While offering all these practical approaches he does not overlook the value of the practitioner becoming aware of the "intentions" of the work. Using this offers the massage therapist, skill, confidence and the ability to enhance the respect of your clients.

I am currently still enrolled in school and due to complete my MT training in March. I found the information and techniques in this book to be the bridge between standard anatomy and physiology and actual real world clinical application, evaluation, SOAP note documentation and getting pain management results. I will update this review after I take the MBLEX. I have been utilizing many techniques in my clinical hours with outstanding results. Already clients have started the buzz of "there is a new healer about to graduate". Very well worth the investment. :-)
Passed 769 mblex. Steve St. Louis, Mo

If you are looking for an advanced technique to help your clients get out of pain fast, then you must have this book! Dr. Hendrickson has taken his years of clinical practice and developed a method that any massage or manual therapist can learn. This book is rich with tools for assessment and treatment for many common and not so common soft-tissue injuries and dysfunctions. It is well laid out and easy to use. It also includes a great section on the theory and science of massage and manual therapy. It is packed with valuable information and I highly recommend it!

Manual work at its best, thanks for the great work and being able to translate it into meaningful bits for the practitioner to keep learning.

I can't say enough about how valuable this book is. I call it my "Massage Bible". If you only bought one ---this should be it. Shows you how to treat conditl

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