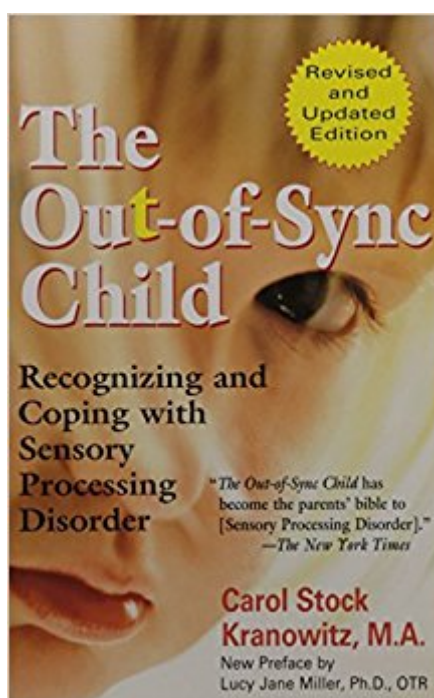


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# The Out-of-Sync Child: Recognizing And Coping With Sensory Processing Disorder (The Out-of-Sync Child Series)



## Synopsis

The groundbreaking book that explains Sensory Processing Disorder (SPD)--and presents a drug-free approach that offers hope for parents--now revised and updated. Does your child exhibit...Over-responsivity--or under-responsivity--to touch or movement? A child with SPD may be a "sensory avoider," withdrawing from touch, refusing to wear certain clothing, avoiding active games--or he may be a "sensory disregarder," needing a jump start to get moving. Over-responsivity--or under-responsivity--to sounds, sights taste, or smell? She may cover her ears or eyes, be a picky eater, or seem oblivious to sensory cues. Cravings for sensation? The "sensory craver" never gets enough of certain sensations, e.g., messy play, spicy food, noisy action, and perpetual movement. Poor sensory discrimination? She may not sense the difference between objects or experiences--unaware of what she's holding unless she looks, and unable to sense when she's falling or how to catch herself. Unusually high or low activity level? The child may be constantly on the go--wearing out everyone around him--or move slowly and tire easily, showing little interest in the world. Problems with posture or motor coordination? He may slouch, move awkwardly, seem careless or accident-prone. These are often the first clues to Sensory Processing Disorder--a common but frequently misdiagnosed problem in which the central nervous system misinterprets messages from the senses. The Out-of-Sync Child offers comprehensive, clear information for parents and professionals--and a drug-free treatment approach for children. This revised edition includes new sections on vision and hearing, picky eaters, and coexisting disorders such as autism and ADHD, among other topics.

## Book Information

Series: The Out-of-Sync Child Series

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## Customer Reviews

Praise for the works of Carol Kranowitz: "The Out-of-Sync Child has become the parents' bible to [Sensory Processing Disorder]." --The New York Times

"This book is great! It is a real contribution to the parents of the many children who are so hard to understand. It will let parents off the hook of blaming themselves and will help them get on to the job of addressing the child's underlying difficulties." --T. Berry Brazelton, MD, founder, Brazelton Foundation, Children's Hospital, Boston

"Warm and wise, this book will bring both hope and practical help to parents who wonder why their kid doesn't benefit in any way from the underlying difficulties." --Jane M. Healy, learning specialist and author of Your Child's Growing Mind

"The Out-of-Sync Child does a masterful job of describing the different ways children react to sensations and integrate their responses to their world. The book provides detailed, practical information that will help parents understand how the nervous system works." --Stanley I. Greenspan, MD child psychiatrist and author (with Serena Wieder) of The Child with Special Needs

"Comprehensive yet easy to understand helpful tools for parents to promote healthy integration." --The Exceptional Parent

Carol Stock Kranowitz, M.A., is the author of several books in the "Sync" series. Among them are The Out-of-Sync Child Grows Up, The Out-of-Sync-Child, The Out-of-Sync Child Has Fun, and a children's book, The Goodenoughs Get In Sync: 5 Family Members Overcome their Special Sensory Issues. With Joye Newman, M.A., she is the co-author of Growing an In-Sync Child and In-Sync Activity Cards. She was a preschool teacher for 25 years and helped to develop an innovative program to screen young children for Sensory Processing Disorder. She speaks regularly about the subject in the United States and abroad. In her writings and presentations, she offers a fun and functional approach that integrates sensory-motor activities into everyday life at home and school. A graduate of Barnard College, she has an M.A. in Education and Human Development from The George Washington University. She is "Granny Kranny" to five sensational grandchildren, one of whom has written a book in his own right, Absolutely No Dogs Allowed, an alphabet book about a boy whose many pets have sensory issues at the park.

This book is a valuable tool. I started reading the book the moment it arrived. I have found it very

informative. Now, I have some answers to what we all thought was behavioral issues and lack of proper discipline. I have spoken with the pediatrician, and he agreed we should proceed with some therapy. I just have to find the right occupational therapist.

This is THE must-read for parents of any child with Sensory Integration Disorder. Wish I knew this earlier on, would have made it my top priority to read! This book came recommended by so many people in the Sensory world. Now I know why, its really that good and helpful!

This is a very informative book on sensory disorders. It has helped me understand sensory disorders better and thus helped me assist my grandchild and adapt to certain needs. I would recommend this book to parents and healthcare practitioners.

Recommended by my child's therapist. Extremely informative and helpful to any parent who has a child with this issue

This has been my saving grace since my son was diagnosed! Thank you so much! I have learned so much from reading it!

Excellent book for parents to read if they have a child diagnosed with sensory issues.

Great book for parent or teacher with a child who just doesn't seem to be able to handle normal developmental tasks and interactions. Sometimes those kids tantrum or avoid situations because they cannot handle it. Help them handle life. I read this years ago and have given a copy to many people over the years and they all love it and find it helpful.

Very very informative....I now have a deeper understanding of what my grandson is going thru...it's very hard..I'm so thankful for this book

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