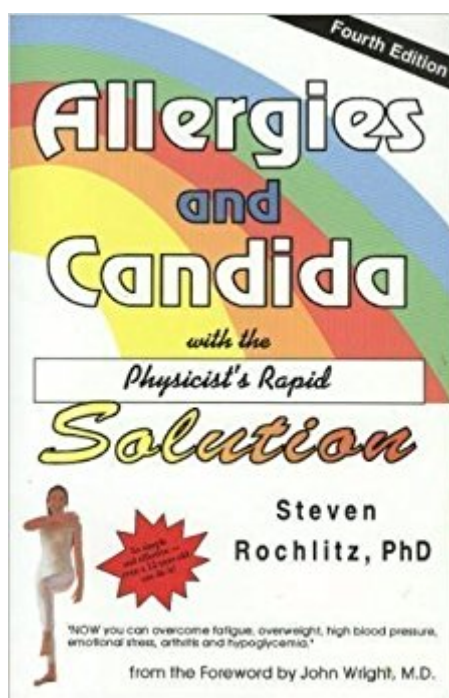


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# Allergies And Candida : With The Physicist's Rapid Solution (4th Edition)



## Synopsis

Book by Rochlitz, Steven

## Book Information

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## Customer Reviews

Book by Rochlitz, Steven

Great book....you really need to read this! Seller delivered fast and at great price.

My occupational therapist swears by this book, but it can read a bit like stereo instructions if you don't know what you're doing. It's a wealth of knowledge but just a bit dry. I pushed through it and it was definitely worth it.

Great

I'm on my second reading of this excellent book. I'm sure I'm so fascinated with it because it describes my condition and some very good solutions that the author has developed and perfected over the years. I'm looking forward to implimenting them as soon as I learn the techniques described.Edy R.

I suggest that all readers with ecological illness buy the 4th edition. Prof. Rochlitz is a genius in the

way he explains ecological illness and why so many people don't get completely well from either orthodox or wholistic medicine. He makes many suggestions throughout the book of things you can do to get well on your own, though he does caution that it is important to get to the root of the problem and not treat the symptoms. I know his ideas /techniques saved my family thousands of dollars in doctor bills and educated me about many bogus protocols that were only complicating my health. As a teacher, I would also suggest this book for any parent or teacher who has children with learning problems. Prof. Rochlitz is a world leader on Brain Integration techniques. His suggestions should be standard in every regular and special education classroom. The writer of the previous review obviously didn't read the same book I read or she couldn't quite grasp the ideas articulated. Actually she reviewed an older edition. Her advice doesn't make sense and is entirely out of context. The book isn't a recruiting tool to visit Prof. Rochlitz. Her mention of antifungals and parasites clearly demonstrates her ignorance of the topic. Furthermore her list of other books suggest some of the last things seriously ill people need. I suggest readers who want more information read some of Prof. Rochlitz' recent articles in the medical journal Townsend Letter for Doctors and Patients or visit his website [wellatlast.com](http://wellatlast.com).

I bought many books on this subject before buying this one and this is the ONE AND ONLY book that led me and my family to good health and to feeling well. For almost 15 years I struggled with debilitating headaches, feeling tired, depression, and all sorts of digestive disorders. About 12 years ago I went to a doctor who identified candida as the problem and prescribed the anti-fungal drug: NYSTATIN. I took it for over an year, for two different time periods, and never got well! It is only with the combination of energy balancing, diet restrictions, and getting rid of parasites (and candida and viruses), all described in this book, that I feel well! This book has been immensely helpful for my two children! Over the past two years I took my now three and a half year old son to medical doctors, specialists, natropathic doctors, acupuncturists, and therapists. He had diarrhea all the time and I was really worried. He became allergic to everything he ate and reacted to practically everything in the environment, as well as having several other physical and behavioral problems. He is now well and he is happy (quite a different child) because of Steve Rochlitz and his work in human ecology and kinesiology. My daughter had been walking for 6 months, but walked very stilted and uncoordinated. This is an example of what kinesiologists call neurological disorganization and is described in the book; in particular, for my daughter, she had an imbalance with her gait reflexes relating to brain integration. The book describes the corrections for all of this (after doing the correction, my daughter began picking up her feet and it was trully amazing and great) and is

UNIQUE because the author is the only one to have found that many of the corrections for imbalances are needed because of an ecological imbalance (i.e. parasites, candida, and toxins resulting in impaired digestion and autoimmune diseases such as arthritis, chronic fatigue, irritable bowel, and allergies). I ordered the book from .com, read it, and then travelled to see Steve Rochlitz. He does testing and energy balancing using applied kinesiology. Throughout the book the author urges you to take your health into your own hands and the first step to doing that is to order this book! Buy this book and see how it leads you to wellness.

A unique masterpiece on what causes allergies and candida-yeast syndrome. The parasite section revealed that often the amoeba or giardia occur first and weaken us allowing overgrowth of candida. It states that allergies result from the body being too permeable. Permeability of the intestines comes from parasites or candida and results in food allergies. Viruses, said to be secondary from parasites result in chemical and electromagnetic allergies. But this book also has rapid applied kinesiology, self-help techniques to return energy and health to the sufferer. I've never before seen a book telling the reader to stop reading and do the rapid kinesiology energy balancing techniques. Most are easy to perform like the brain and heart integration exercises and the destressing techniques. Some can even overcome dizziness and poor balance. But the author cautions that the reader must kill his candida or parasites with the herbal and diet recommendations for the energy balancing to last. It does offer new diet and supplement recommendations. If you want to find out at last what is causing your chronic ills and what to do to finally get rid of them, this is the book. I can't say enough how much healthier I am after following the protocol. A wonderful and complete reference for sufferers of food, chemical and electromagnetic allergies; candidiasis; parasitosis; chronic fatigue; fibromyalgia.

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