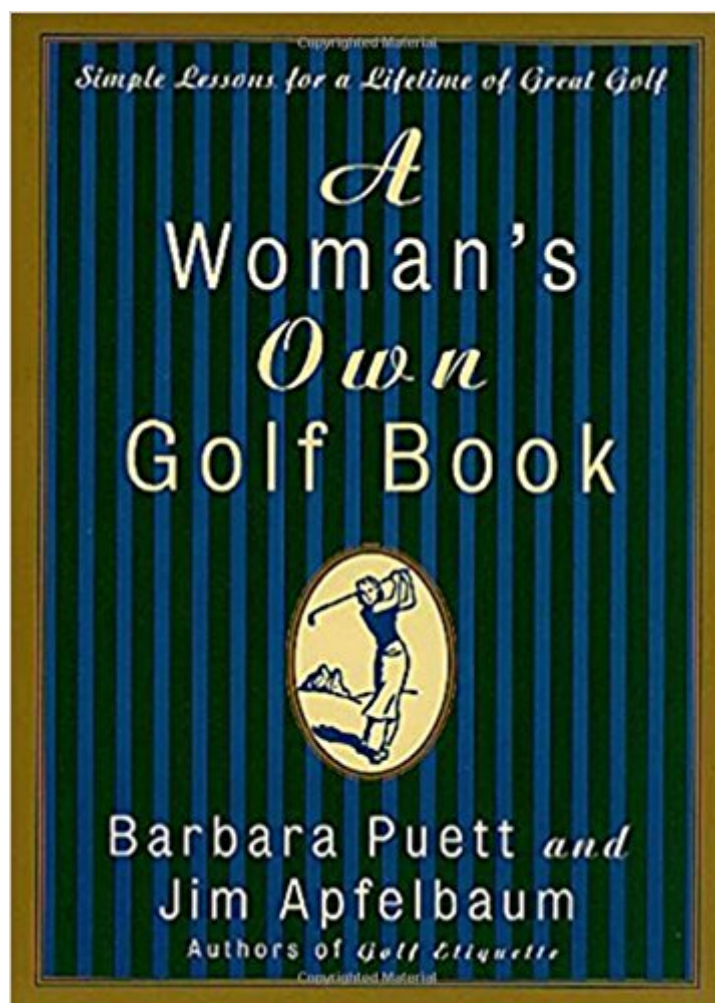


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# A Woman's Own Golf Book: Simple Lessons For A Lifetime Of Great Golf



## Synopsis

Legendary instructor Harvey Penick enchanted students with his homespun approach to golf. He also mentored a small core of successful teachers who now carry on his simplicity, humor, and rock-solid belief in the fundamentals. One of his students, Barbara Puett, together with Jim Apfelbaum, has written a book that demystifies golf's complexities from a woman's unique perspective. *A Woman's Own Golf Book* acknowledges that millions of women attracted to the game have other demands on their time. A companion to Puett's sold-out clinics and seminars, the book features beautiful illustrations, and a package that like the memory of her beloved teacher, will stand the test of time.

## Book Information

Paperback: 160 pages

Publisher: St. Martin's Griffin (May 23, 2002)

Language: English

ISBN-10: 0312264151

ISBN-13: 978-0312264154

Product Dimensions: 5.3 x 0.5 x 7.2 inches

Shipping Weight: 5.8 ounces

Average Customer Review: 4.5 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,412,029 in Books (See Top 100 in Books) #111 in Books > Sports & Outdoors > Coaching > Golf #1790 in Books > Sports & Outdoors > Golf #12262 in Books > Sports & Outdoors > Individual Sports

## Customer Reviews

Barbara Puett is a professional golfer and runs her own golf school. She is a regular columnist for *Golf For Women* magazine, has coauthored the book *Golf Etiquette* with Jim Apfelbaum, and lives in Austin, Texas. Jim Apfelbaum is a senior writer for *America Online's Golf* magazine, and writes widely for golfing magazines. He is the author of *Golf on \$30 a Day* and coauthored *Golf Etiquette*.

I call this book my BIBLE. I have found it extremely valuable especially to new golfers such as myself. The book is concise without being too technical. Her simple explanations can put the novice golfer at ease. Ms. Puett makes you want to go out and play golf everyday! Highly recommend it to every female golfer novice to pro.

I purchased this book several years ago, and it had turned out to be a great asset to my game that I purchase additional copies for friend. And this book was delivered in a timely manner and excellent shape. Thank you

I went to school with Barbara and she is well known in central Texas. I am scheduled to take a golf clinic she is instructing and I wanted to get a better understanding of her methods.

As any golfer knows, at least 100 different parts of the golf swing have to be working in concert for the mythical perfect shot to happen--sometimes it does, more often it doesn't. Puett and Apfelbaum make golf's secrets a bit more accessible to the average player by providing a handy reference book for reviewing the basics of all shots and explaining away some of the mysteries.

Straightforward information, broken down into understandable components and accompanied by good drawings and some helpful swing thoughts, offers a frustrated golfer the chance to review the "rights" of the swing before s/he becomes too frustrated. Too comprehensive and detailed to be read as a text, it's the perfect book to use as a refresher, to pick up and put down as the need arises, and I've never failed to find some helpful reminder here which makes a difference after a less than wonderful round. Barbara Puett's only teacher was the legendary Harvey Penick, so positive in his approach that she "never knew [she] ever did anything wrong in the golf swing." By accentuating the positive and reinforcing the fundamentals, she aims to continue his legacy and is largely successful in this book. The one thing that this positive philosophy does not address, however, is the fact that golf is a mental game, too, and not all of us are gifted with this inherently upbeat outlook. A chapter on how to deal with the emotional funk which sometimes accompanies a day spent hitting worm balls out of the weeds would also be welcome. Mary Whipple

I enjoyed reading the book and using the visual keys to help reinforce what I had read. Barbara and Jim have made an enjoyable golf read that doesn't bog down the mind. After reading the book, I went out and used the keys they suggested...they work!!...and its so simple..study the basics...study the basics..this book shows you how. I loved the classic illustration work as well.

I enjoyed the book for its "down home" approach to golf. It didn't fill my head with unnecessary swing thoughts and ideas. Simple, straight forward with great visual keys to help both on the range and on the course. Great job...Barbara, Jim and Eddy!!!

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