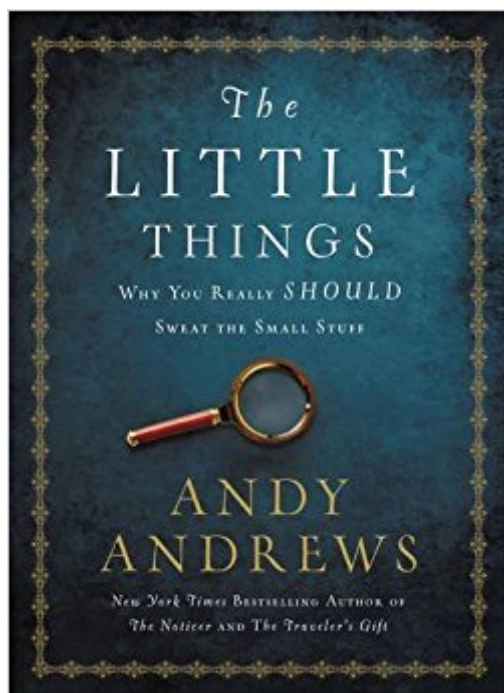


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# The Little Things: Why You Really Should Sweat The Small Stuff



## Synopsis

Wall Street Journal Bestseller Have you ever wondered why we spend so much time and energy thinking about the big challenges in our lives when all the evidence proves it's actually the little things that change everything? That's right! Absolutely everything. New York Times bestselling author Andy Andrews is known for his strong storytelling and unequalled perspective on principles that empower the human mind and spirit. The Little Things embodies his own approach to life and work, detailing for the first time some of the exclusive material that he uses to teach and coach some of the most successful corporations, teams, and individuals around the world. In his unique humorous style, Andy shows how people succeed by actually going against the modern adage, "don't sweat the small stuff." By contrast, Andy proves that it is in concentrating on the smaller things that we add value and margin. In a world where so many feel powerless, wouldn't it be great to feel in control? Then know this. Perspective can be more important than basic answers. I am more passionate than ever about my search to notice that one thing that, when understood and harnessed, allows us to create a life of extraordinary purpose and powerful results. It's less about drive and will power than it is about understanding certain principles and why they work every time. Andrews provides common-sense perspective and a game plan for meeting various challenges, such as: Managing life in a society that seems to be constantly offended by something or someone Creating change that is permanent and not short term Dramatically increasing results by harnessing the fraction of margin between second place and first Understanding our spiritual connection with God and how that affects planning and outcome Identifying the very moment when asking the question why? multiplies the success of an endeavor Recognizing the smallest details that ensure the greatest success

## Book Information

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## Customer Reviews

Hailed by a New York Times reporter as "someone who has quietly become one of the most influential people in America," Andy Andrews is a bestselling novelist, speaker, and consultant for the world's largest corporations and organizations. He has spoken at the request of four different U.S. presidents. Andy is the author of the New York Times bestsellers The Traveler's Gift, The Noticer, and How Do You Kill 11 Million People? He lives in Orange Beach, Alabama, with his wife, Polly, and their two sons.

This little book is extraordinary. It is full of wisdom, compelling stories and convicting truth. Read it and ponder the questions it will undoubtedly raise in your minds and hearts.

Yeah, this is just what I needed...a realignment with the little things. This is not just any book to "read," it is a book to "LIVE!" Always quick to make me smile, ponder and wonder. His perspective always gives me a clean look at my own. Forever grateful for the writing, teaching and noticing Andy shares as he entertains me with words and curiosities! I shall

This was a quick read! Great reminder about the power of our minds and what a little perspective can do. I will read this again just in case I missed a grain of truth. Buy and read this book today and do the little things.

It's a great book!! this is my first book I have read of Andy and I will be reading all of his now. I see little things every day and every thing that I have a choice to do and be. This is truly a great book!

This is a great read. I got it yesterday and couldn't put it down! Andy shares several examples where small things really mattered. I especially love what he said about change. It should be required reading for high school kids preparing for adulthood. In fact, it would make a wonderful graduation gift!

As a professional noticer, Andy Andrews does a great job of getting people to shift their perspective

from the good to the great. He continues sound, positive life changing advice in this book.

I felt a lot so positive emotion as I read. Hopeful that I can make changes small steps at a time. I succumb to feelings of being overwhelmed rather easily and this reminded me that my life is in my control. Though it was inspirational, it lacked practical application examples. Perhaps it was just meant to be conceptual but now I feel like I don't know exactly what small things I can do tomorrow to change the tides.

I now have an understanding of myself that I have searched for all of my life. I'm looking forward to paying more attention to the "little things" and enjoying where it takes me. Well done Andy!

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