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# Practical Pistol Reloaded



## Synopsis

This book answers the "how to" questions about shooting technique. How do you hold the gun? How do you shoot fast? These questions and many more are answered inside. This material is geared for the USPSA, IPSC, or IDPA action shooting competitor. This is the revision to Ben Stoeger's book "Practical Pistol". This new edition is revised to reflect technique changes that have taken place over the last few years. The sport of Practical Shooting is changing quickly and becoming more competitive every day. This updated version of "Practical Pistol" is a must have for any serious USPSA or IDPA shooter.

## Book Information

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## Customer Reviews

The new, reloaded version is well worth the cost. It's a no brainer for anyone starting to shoot USPSA matches. But it's also useful for experienced shooters. I read the first version when it came out three years ago. I also attended one of Ben's classes. At the time I was an A class shooter. Since then I've moved into M class. But I've discovered that making progress now is all about the "little" things, especially marksmanship fundamentals. Reading through the updated book has helped me re-focus on what I need to improve on in order to shoot with the accuracy and consistency necessary for winning stages and matches. So even though I'm been shooting USPSA for a while now, I've highlighted at least one or two things in each chapter to work on in dry-fire and live-fire training. A lot of the books on shooting have either too much "philosophy" in them or they just don't give the kind of practical down-to-earth advice someone needs to make real improvements in one's performance in matches. Anyone who wants to improve his competition pistol shooting and is willing to train at home and on the range with some regularity will find the

advice in this book extremely valuable.

If you could get a classification for training books Ben would also be a GrandMaster with that too. I've read a few and I can't emphasize enough how nice it is that Ben cuts right to the chase and gives the reader the information you need without the extra filler or "buffered" tips. Material is top notch and like his other books Ben sets you up with the information you need to develop a plan and then do the work. Do the work, be honest with yourself and I guarantee any/all of Ben's books will help make you a better competitive shooter, and shooter in general.

From C shooter to the top, it's all in here. The techniques, the tips and the transitions. "How not to suck" section covers all the newbie issues from being a Tactical Timmy to techniques with vests that will get you killed on the street. This volume reads much like a comic book. You can even color the training diagrams while your recording your "splits". Easy to understand for the newbie as well as guys like Tiny Tim Herron. #dicksoutforherron Most importantly if you can bring Ben to the range with you now in book form, just in case you want to try a new skill.

This is a fantastic book for anyone interested in pushing their practical shooting skills to the next level. Ben has a ton of experience not only with his personal technique/experimentation but also with other top shooters as well as students in his classes. This gives him a unique insight into what works, what doesn't, and what may vary from one person to the next. His no-nonsense approach makes the concepts easy to understand. I highly recommend reading one section at a time, taking the time to process it, and incorporating the changes into your practice routine as you progress through the book. Reading the book isn't going to make you better - but reading it and adjusting your training accordingly definitely will.

Excellent guide for improving your game. Solid theory and how to apply it in order to achieve your goals. Don't kidd yourself though. Just reading this will not take you from D to A but it will give you the building blocks needed to build a solid foundation. From there it is up to you.

I have all the Stoeger books because they make you a GM by just reading them (although I haven't figured out how yet)... All kidding aside I grabbed this more so to see what was different from the first iteration, and I wasn't disappointed. The rewrite is pretty fantastic actually. I love reading materials that are current to the times (there are a lot decent books out there that should follow

suite) Stoeger has reworked and updated this book to make it relevant. The competition is different now that it was 10 - 5 - even a few years ago and Reloaded improves on all of that and actually offers some great information on it. If you are just starting out in Practical shooting this book is a literal GOLDMINE for you. If you are a seasoned shooter this book still offers a ton of great content. I will say this though - Don't go in to reading this book with the premise is that all you need to do is read it and you will get better - it may help a bit, but you need to actually APPLY what you are reading and get out there and practice. When you do that, the \$20 bucks you spend on this book is damn well worth it.

This is great book for anyone wanting to get serious about Practical Shooting Sports. Such an indelible resource and a goldmine of practical tips and exercises. It also touches on the philosophy of why we do what we do, and gives you tips on cultivating a good mental game. There isn't a lot of 'gamer shooting' resources out there. But Ben, who's got the champion titles and experience, along with contributions from other well known shooters, brings a book that should be essential reading for everyone and anyone wanting to get involved with practical shooting sports, or has already been involved. This is a must get book.

If you are interested in getting better in USPSA/IPSC, this book is for you. There is quite a bit of new material in this edition (I own both) and it has definitely helped me in my shooting and stage planning. I can't recommend this book enough. A very easy and interesting read.

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